

Addiction Recovery:
A Selected Bibliography of
Professional Publications and Scientific Studies
(Updated June 2022)

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Introduction

This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Intellectual disability Services. (This series can be downloaded from www.williamwhitepapers.com.)

What I have tried to do in this bibliography is capture scientific and professional papers specifically related to addiction recovery or that provide insights into the prevalence, pathways, processes, pathways, styles, and stages of addiction recovery. The primary emphasis is on studies and papers published in leading peer-reviewed scientific journals. It is hoped this will help interested readers locate classic and contemporary papers related to the resolution of alcohol and other drug problems. Future updates of this recovery research bibliography will be under the auspices of the Recovery Research Institute: <https://www.recoveryanswers.org/>

The bibliography is organized topically under the following headings:

Table of Contents

Toward a Recovery Paradigm.....	3
Recovery Definition.....	13
Language, Recovery, and Recovery Advocacy.....	19
History of Recovery (general)	24
Early Recovery Biographies	25
History of Recovery Mutual Aid Societies	26
History of the Recovery Advocacy Movement	27
The Recovery Experience	29
Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)	62

Addiction Recovery among Women.....	77
Addiction Recovery within LGBTQ Community.....	90
Recovery in Communities of Color & Other Diverse Populations.....	94
Recovery in Rural Communities.....	118
Recovery among Adolescents and Young Adults.....	119
Addiction Recovery and Mental Health Recovery	129
Recovery/Remission Prevalence in Community and Clinical Populations	133
Recovery Capital.....	146
Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)	174
Recovery Mutual Aid (Assertive Linkage Procedures)	180
Representative Studies/Papers on Twelve Step Groups	182
Selected Studies of Narcotics Anonymous (full NA bibliography available at http://www.williamwhitepapers.com/pr/2014%20Professional%20Scientific%20Literature%20on%20NA.pdf).....	197
Key Books/Studies/Interviews on Twelve Step (AA/NA) Alternatives (and Alternatives within AA)	201
Linking Clients to Recovery Mutual Aid Societies	207
Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)	207
Role of Clinicians and Treatment Programs in Working with Addiction Recovery Mutual Aid Groups.....	208
Recovery (Public Perceptions).....	208
Frameworks of Recovery (Religious, Spiritual, Secular)	209
Styles of Recovery Initiation and Natural Recovery	211
Remission via Deceleration of Alcohol and Other Drug Use.....	219
Stages of Recovery	219
Recovery Durability/Stability	228
Medication and Recovery	229
Psychedlics and Addiction Recovery.....	258
Peer Recovery Support Services (and Social Network Effects on Recovery).....	268
Digital Recovery Support Services.....	291
Studies of Twelve Step Sponsorship.....	303

People in Recovery Working as Addiction Counselors and other Professional Roles...	304
People in Recovery as Volunteers	313
Recovery and Employment.....	313
Family Recovery.....	317
Health Status of People in Recovery	329
Smoking (Nicotine Addiction) and Addiction Recovery.....	351
Role of Specialized Treatment in Recovery (Classic & Recent Reviews).....	363
Integration of Primary Health Care and Addiction Treatment / Recovery Support	363
Addiction as a Chronic Condition Requiring Sustained Recovery Management.....	366
Recovery Management and Recovery-oriented Systems of Care.....	37168
Recovery Management Checkups and Related Continuing Care Research	380
Recovery Management and Health Care Reform	386
On Recovery Research.....	386
Culture of Recovery	386
Social Model Recovery Programs	387
Recovery Enhancement from Helping Others	388
Recovery Residences	389
Recovery Schools.....	395
Recovery Ministries	403
The Ecology of Recovery & Community Recovery.....	403
Recovery and Harm Reduction.....	408
Precovery: Efforts to Work with or Organize Active Drug Users.....	414
Strategies for Breaking Intergenerational Cycles of Addiction.....	414
Addiction Recovery and Stigma	421
International Perspectives	448
NA Studies in Iran.....	450

Toward a Recovery Paradigm

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Addiction Recovery among Women

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Addiction Recovery within LGBTQ Community

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Recovery in Communities of Color & Other Diverse Populations

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Addiction Recovery and Mental Health Recovery

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Recovery/Remission Prevalence in Community and Clinical Populations

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Recovery Capital

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Remission via Deceleration of Alcohol and Other Drug Use (Also see Style of Recovery Initiation / Moderation Management)

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Psychedlics and Addiction Recovery

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Digital Recovery Support Services

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People in Recovery as Volunteers

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Family Recovery

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NOTE: For a complete bibliography for Al-Anon, see <http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf>

Health Status of People in Recovery

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Smoking (Nicotine Addiction) and Addiction Recovery

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Addiction as a Chronic Condition Requiring Sustained Recovery Management

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Recovery Management Checkups and Related Continuing Care Research

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Note: A complete listing of the published studies conducted by DePaul University on Oxford House is available at <http://condor.depaul.edu/ljason/oxford/publications.html>

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Strategies for Breaking Intergenerational Cycles of Addiction

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Addiction Recovery and Stigma

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